

# First Aid Kits

## Summary

This information is for building and operations management who manage first aid kits at Harvard.

#### First aid kits at Harvard

The Occupational Safety and Health Administration requires workplaces not in close proximity to an infirmary, clinic, or hospital to:

- Retain at least one person adequately trained in first aid.
- Maintain appropriate first aid supplies.

Harvard workplaces in Greater Boston fulfill this requirement based on their <u>reasonable proximity to</u> <u>emergency medical services (EMS) and hospitals</u>, but can still choose to provide first aid kits.

When deciding if you should provide a first aid kit in your building or work area, evaluate factors like potential injury risks related to the area and work performed. <u>Contact your Designated Safety Officer</u> for guidance.

First aid kits are standardized by class:

- Class A: Designed for most common workplace injuries.
- Class B: Designed for injuries in more complex or high-risk environments and include a broader assortment and quantity of supplies.

## Selecting and maintaining first aid kits

When selecting and maintaining first aid kits in your building or work area:

- Only use kits that meet minimum requirements.
- Ensure each kit is readily available, and the kit's location is visibly marked. Labels and markings must be legible and permanent.

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 Inspect and maintain kits regularly to ensure all supplies are present and in usable condition. Replace any supplies that are past their expiration date.

## Minimum requirements for first aid kits

American National Standards Institute (ANSI) and the International Safety Equipment Association (ISEA)
Z308.1-2021 Table 1, First Aid Kits and Supplies describes the minimum supplies requirements for Class A and Class B first aid kits.

Examples of ANSI-compliant first aid kits with complete lists of contents:

- Uline ANSI Approved First Aid Kit Class A, 25 Person.
- Uline ANSI Approved First Aid Kit Class B, 50 Person.

First aid kit containers are classified by portability, ability to be mounted, and water, corrosion, and impact resistance.

### Type 1 kits (stationary indoor use)

- For use in stationary, indoor settings with minimal risk of environmental damage or rough handling.
- Not intended to be portable.
- Can be mounted in a fixed position.
- Common examples include first aid cabinets, general indoor settings, offices, and manufacturing facilities.

### Type 2 kits (portable indoors use)

- For portable use in indoor settings with minimal risk of environmental damage or rough handling.
- Equipped with a carrying handle.
- Common examples include general indoor settings, offices, and manufacturing environments.

### Type 3 kits (portable indoor or outdoor use with low environmental risk)

- For portable use in mobile indoor and outdoor settings where environmental damage is unlikely.
- Can be mounted and has a water-resistant seal.
- Common examples include general indoor settings and sheltered outdoor settings.

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## Type 4 kits (outdoor or industrial use)

- For portable use in mobile industries and outdoor settings with significant risk of environmental damage and rough handling.
- Common examples include the transportation industry, utility industry, and construction industry.

#### Learn more

### **Contact EHS** for more information about:

- First aid kit regulatory standards.
- First aid kit minimum supply requirements, including ISEA Z308.1-2021 Table 1.
- Recommended first aid supply vendors.

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