



# Respirator Evaluations and Requests

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Some settings and tasks at Harvard require workers to wear respirators. Follow these steps to find out if you need a respirator, how to get one, and how to learn how to use it. Please [contact EH&S](#) with questions.

## Step 1: Hazard Evaluation

Contact your [Lab Safety Advisor \(LSA\) or Designated Safety Officer \(DSO\)](#) to discuss your work, respiratory safety concerns, and whether you need a respirator.

Your safety officer may have already completed a proactive hazard evaluation that identified your need for respiratory protection.

If you work with animals, Office of Animal Resources (OAR) and Harvard Center for Comparative Medicine (HCCM) have specific [designated medical providers](#) and [fit test contacts](#).



## Step 2: Complete Medical Evaluation Form

Download and complete your applicable [respiratory protection medical evaluation form](#):

- [Harvard medical and dental students](#)
- [Harvard employees](#)

If you work with animals or at the HSPH TB research lab, ask your [designated medical provider](#) for a form.

## Step 3: Submit Form to your Designated Medical Provider

Submit your completed respiratory protection medical evaluation form to your designated medical provider contact based on your location and work type:

### Designated Medical Providers

Campus	Work Type	Contact
Cambridge	Labs	Dr. Kenneth Gold University Health Services, Smith Campus Center 75 Mt. Auburn Street, Cambridge, MA 02138 617-495-8414
Cambridge	OAR staff	Contact your supervisor
Cambridge	Working with animals (non-OAR staff)	Research Administration Services <a href="mailto:iacuc@fas.harvard.edu">iacuc@fas.harvard.edu</a> Request form and designated medical provider
Cambridge	Non-lab settings	Contact your <a href="#">DSO</a>
Longwood	Working with animals (HCCM)	617-432-1285
Longwood	HSPH TB research lab	Noman Siddiqi <a href="mailto:nsiddiqi@hsph.harvard.edu">nsiddiqi@hsph.harvard.edu</a>



# HARVARD

## Campus Services

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Campus	Work Type	Contact
Longwood	All other work	University Health Services, Medical Area Clinic 275 Longwood Avenue, Boston, MA 02115 Phone: 617-432-1370, Fax: 617-432-7120

## Step 4: Get Signed Form from your Designated Medical Provider

Get a signed respiratory protection medical evaluation form copy from your medical provider and bring it to your respirator fit test. You cannot be fit tested for a respirator without prior medical clearance.

Your signed form designates that you may wear a respirator without restriction, with certain restrictions, or not at all.

You may need to visit or talk to your designated medical provider before they return your signed medical evaluation form.

## Step 5: Complete Training

Complete online respiratory protection training if you have not completed it already.

### Training Courses

Designation	Required Training
Respirator required	<a href="#">EHS-IHS107</a>
Respirator voluntary	<a href="#">EHS-IHS121</a>

## Step 6: Schedule Fit Test

Schedule your fit test (if needed) with the applicable contact based on your location and work type:



## Fit Test Contacts

Campus	Work Type	Contact
Cambridge	University Health Services employee	Susan Fitzgerald
Cambridge	HUPD officers	HUPD Training Coordinator
Cambridge	OAR staff	Contact your supervisor
Cambridge or Longwood	All other work types	EH&S <a href="mailto:ehs@harvard.edu">ehs@harvard.edu</a> 617-495-2060
Longwood	Animal researchers	Tyla Mitrano 617-432-1288
Longwood	Medical and dental students	Office for Student Affairs, TMEC, Room 24 <a href="mailto:studentaffairs_admin@hms.harvard.edu">studentaffairs_admin@hms.harvard.edu</a> 617-432-1570
Longwood	HSPH TB Research Lab	Noman Siddiqi <a href="mailto:nsiddiqi@hsph.harvard.edu">nsiddiqi@hsph.harvard.edu</a>

## Step 7: Go to your Scheduled Fit Test

If you need to be fit tested, bring these items with your:

- Your signed respiratory protection medical evaluation form
- The respirator you will be wearing<sup>1</sup>

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<sup>1</sup> Exceptions: Medical students, HCCM staff, and BL3 research staff



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## Campus Services

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Be clean shaven and don't have any facial stubble (narrow sideburns and moustaches over your lips are acceptable).

## Step 8: Get your Respirator Card

You will get a wallet card as proof that you completed fit testing.

You can only wear the named respirator in the size that you were fitted. You can't substitute respirators unless you are refitted.