HARVARD
Campus Services
ENVIRONMENTAL HEALTH & SAFETY

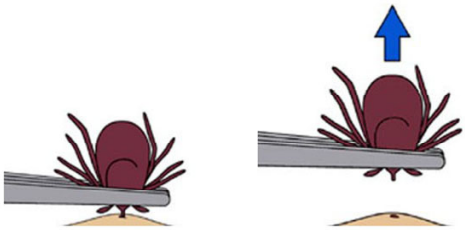
Ticks

Has a tick attached to a person or pet?

No → **Relax, but learn how best to reduce risks from ticks.** — **Links** → **CDC**, **MA DPH**

Yes →

Remove the tick(s) promptly (time is more critical than the method)! → **Fine-tipped forceps are best, but you can use special tick removal tools, your fingers, or even the edge of a credit card to scrape off the tick. Do not worry if the mouthparts break off in the skin. They'll usually be shed naturally in a few days.**



https://www.cdc.gov/lyme/removal/index.html

Once removed, save the tick. It can be identified and (if desired) tested for infection. → **Place the tick into pill vial, zipper lock plastic bag, or tape it to a sheet of paper. Mark the date of removal, location on the body and indicate recent travel history.**

Contact Harvard EH&S

We can identify the tick and offer guidance as to risks and options.

Questions regarding your health?

Contact UHS or your medical provider.

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