AUTOMATED EXTERNAL DEFIBRILLATOR
MEDICAL CARE PROTOCOL (ADULT VICTIM)

1. Survey the scene to ensure it is safe to approach the victim
2. Make sure victim is on his/her back and on a firm surface (if lying facedown, carefully roll them onto their back)
3. Tap and shout to check victim responsiveness
4. If victim doesn’t respond, yell for HELP
   • If someone arrives, send them to phone for help and get an AED (If Available)
   • If no one arrives, leave victim to phone for help and get an AED (If Available), return to victim after answering the dispatchers questions to start CPR
5. If victim is not breathing, provide 30 chest compressions
   • Remove clothing, push on the center of the chest
   • Compress the chest at least 2 inches
   • At a minimum rate of 100 compressions/minute
6. Open the airway with a head tilt chin lift
7. Give 2 breaths (1 second each), watch for chest rise
8. Give 5 sets of 30 compressions and 2 breaths and reassess the victim
9. Continue CPR if victim is still not breathing
10. Don’t stop providing CPR until:
    • The victim becomes responsive
    • Trained help takes over
    • An AED arrives (Immediately stop CPR and attach the AED to an adult victim, follow AED prompts and continue with CPR if necessary)