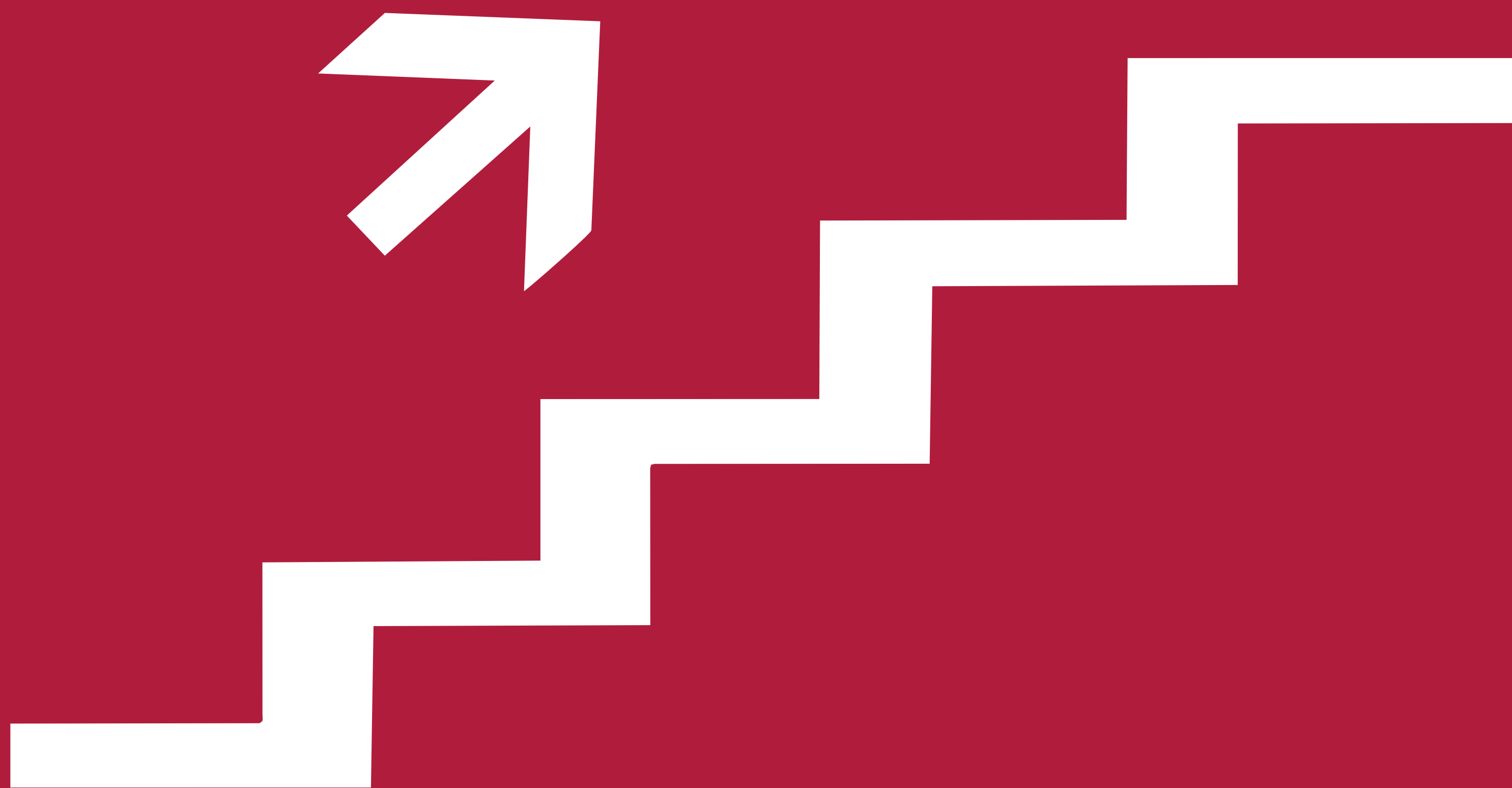


**KEEP**

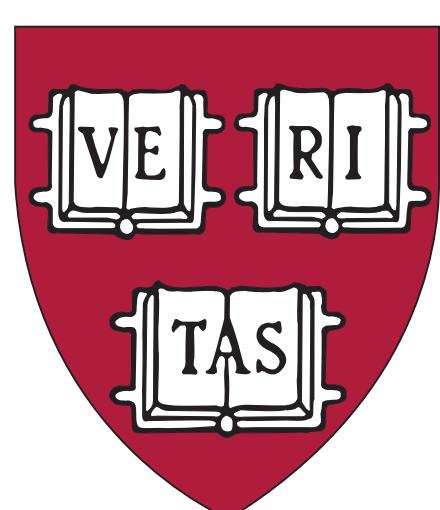
**HARVARD**

**HEALTHY**

# Stairs are Up Only



*(except in an emergency)*



[www.harvard.edu/coronavirus](http://www.harvard.edu/coronavirus)